

Montclair State University
PSYC 355 Motivation
Course Syllabus

Professor: Lauren Tenney, PhD, MPhil, MPA

Office hours: Virtual Office Hours via Big Blue Conference; text message; skype; google hangout; Before and after class, Or By Appointment

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Textbook: Deckers, L. (2016). *Motivation: Biological, psychological, and environmental. Fourth Edition. London and New York: Routledge, Taylor and Francis Group.* ISBN 13: 978-0-205-94100 ISBN 10: 0-205-94100

There will also be readings from the MSU online library which you will have to find and download. (free)

Make use of dictionaries and thesauruses.

Course Delivery: This course is delivered face to face at Montclair State University. The Canvas learning management system at Montclair State University (MSU) will also be used and is accessible via <https://montclair.instructure.com>.

Course Description:

The concepts of instincts, homeostasis, drive, reinforcement, arousal, and inception are analyzed with reference to data drawn from many areas of experimentation. The primary emphasis is on the experimental, rather than the theoretical literature: motivational concepts relevant to human and animal research. (3 hours lecture.) 3 sh. **Prerequisites: PSYC 301 (Experimental Psychology).**

Course Goals:

- Course goal 1: To understand concepts and processes related to motivation and the role of motivation in psychology.
- Course goal 2: To map out the historical development of the field of motivation and explore current frameworks for motivation in research.
- Course goal 3: To make comparative analyses of the major concepts in the field of motivation.
- Course goal 4: To create a term project based on a concept of your choice within the field of study of motivation.
- Course goal 5: To acquire a greater sense of the how the knowledge of motivation works in my larger understanding of the field of psychology, and eventual work as a practitioner.

Technical Requirements:

You must have a basic proficiency in computers. Basic computer skills at a minimum means the ability to navigate Windows/Macintosh environment, utilize e-mail, and navigate the Internet. Access to the MSU Office of Information Technology (OIT) help is included in the TECH HELP link in the course or by phoning the OIT Help Desk at 973-655-7971.

Important Academic Dates:

Fall 2016

<https://www.montclair.edu/about-montclair/academic-calendar/16-17/>

Fall 2016

September 5: **Labor Day Holiday** (No Classes)

September 6: **Opening Day** (No Classes)

September 7: **Classes Begin**

November 24-November 27: **Thanksgiving Holiday** (No Classes)

December 7: **Wednesday designated as a Friday**

December 14: **Last Day of Classes**

December 15-22: **Examination Period**

December 22: **End of Semester**

Academic Honesty and Integrity

It is very important that you understand Montclair State University's policy on academic honesty and integrity. This site below provides you with resources to understand what academic standards and plagiarism are and to learn how to take a course responsively and honestly to avoid plagiarism.

<https://www.montclair.edu/chss/english/first-year-writing/first-year-writing-program-students/academic-integrity-and-plagiarism/>

Student Rights and Responsibilities

As a student in the Montclair State University community, it is also important to understand your rights and responsibilities. To find out more about your rights to access university's resources as well as your related responsibilities visit the section of the student handbook, here:

<https://www.montclair.edu/dean-of-students/handbook/rights-responsibilities/>.

Commitment to Accessibility

- **Students with Disabilities:** Students with disabilities or special circumstances should contact your instructor as soon as possible to ensure that your needs are met in the course.
- **MSU's Disability Resource Center:** Reasonable accommodations are available for students with a documented disability. If you have a disability and may need accommodations to fully participate in this class, please visit the Disability Resource Center (DRC): <http://www.montclair.edu/disability-resource-center/>
All accommodations must be approved through the DRC (Morehead Hall 305, x5431).

Evaluation and Grading

Not all course material is covered in the assigned readings. Examinations/evaluations may include material covered by lecture, PowerPoints, podcasts, class discussion, or digital distributions in addition to assigned readings.

You must meet with me to specifically discuss your independent work twice. One meeting prior to October 17, 2016 and once (online) prior to December 12, 2016.

A point system, complete/incomplete, and/or letter grades are used. At the end of the semester, the numerical grades earned for each written assignment will be averaged and translated into letter grades using the following formula.

“A” grades are given for exceptional individual performance. Grades in the “B” range reflect satisfactory completion of course requirements (competent performance). “C” grades reflect less than satisfactory work. Grades lower than “C” reflects unsatisfactory work performance. Assignments turned in on time are considered to be draft sections of your term project. I expect them to be revised, if warranted, and returned to me with your final term project at the end of the semester.

A final course grade will be based upon:

ACTIVITY	Points Toward Final Grade
Midterm: October 17, 2016	30
Final Examination: December 19, 2016	40
Random Quizzes/ In-Class Activities Throughout	15
Term Project: First Draft Due: October 17, 2016 Final Due: December 19, 2016	15
Total Points:	100

A = 94 and above A- = 93 – 90 B+ = 87 – 89 B = 82 – 86 B- = 81 – 80

C+ = 79 – 76 C = 69 – 75 D = 68 – 65 F = 64 of less

TRACK YOUR GRADE:::

Schedule:

Date	Reading schedule of Lambert Deckers (2016), <i>Motivation: Biological, Psychological, and Environmental. Fourth Edition.</i> London and New York: Routledge, Taylor and Francis Group.	Chapter
9/12	Introductions and Expectations	
9/19	Introduction to Motivation and Emotion	1
	The History of Motivation and Emotion	2
9/26	Evolutionary Antecedents of Motivation	3
10/3	Addictions and Addictive Behaviors	4
10/10	Homeostasis: Temperature, Thirst, Hunger, and Eating	5
10/17	MIDTERM	MIDTERM
10/24	Behavior, Arousal, and Affective Valence	6
10/31	Stress, Coping, and Health	7
11/7	Drives and Psychological Needs	8
11/14	Personality and Motivation	9
11/21	Extrinsic and Intrinsic Motivation	10
	Goal Motivation	11
11/28	Economics of Motivation	12
12/5	Emotions and Moods	13
12/12	Emotions as Motives	14
12/19	FINAL EXAMINATION and TERM PROJECT DUE	FINAL

NOTES